Sonja Vellinga SONJA.VELLINGA@CUANSCHUTZ.EDU

Arvada, CO 80004

Career Desires

To pursue my passion of providing comprehensive routine health care in my community as a mid-level provider in a nurse practitioner role.

Education

* **University of Colorado, College of Nursing, Aurora, CO, Master of Science, Nursing, 2026**
	+ **Family Nurse Practitioner Track**
* **University of Central Florida, College of Nursing, Orlando, FL, Bachelor of Science, Nursing, 2015**
* **Santa Fe College, Gainesville, FL, Associate of Science, Nursing, 2013**
* **University of Iowa, Iowa City, IA, Bachelor of Arts, Health Science, 2008**

Clinical Rotations

* *Senior Final Project – Outpatient study*: Mid Step Services (Home Health), Spring 2015
* *Med-Surg Clinical*: UF Health Shands Hospital, Fall 2012/Spring 2013
* *Pediatric Clinical (PICU):* UF Health Shands Hospital, Fall 2012/Spring 2013
* *Psychiatric Clinical*: UF Health Psychiatric Hospital, Fall 2012/Spring 2013
* *Mother/Baby Clinical*: UF Health Shands Hospital, Fall 2012/Spring 2013

Awards and Honors

* Alpha Phi Omega – National Service Fraternity – University of Iowa Chapter – Member 2006-2008 – Fundraiser participation in Dance Marathon 2007
* Patient recognition awards for outstanding care, received at previous employments

Work Experience

 9+ years of various health care experience (Not all experiences listed for brevity’s sake):

* **(01/2022-08/2023). *Outpatient Clinic, Dermatology***: Registered Nurse:Clearview Dermatology
* **(05/2017-09/2019). *Home Health, Geriatric-Retired Atomic Workers***: Registered Nurse: Nuclear Care Partners
* **(08/2015-06/2018). *Outpatient Clinic, Dermatology***: Registered Nurse: McFarland Dermatology
* **(03/2015-07/2015). *Outpatient Clinic, Neurology***: Registered Nurse:CNOS – Center for Neurosciences, Orthopaedics, and Spine
* **(06/2013-07/2014). *Med-Surg-Intermediate Care Unit, Pediatrics***: Registered Nurse:UF Health Shands Children’s Hospital

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(Work Experience Continued)

Almost 10 years of a variety of nursing experience in hospital, home health, and outpatient clinic settings continued:

* **(10/2010-05/2012). *Outpatient Clinic, Dermatology***: Licensed Practical Nurse: Dermatology Associates
* **(06/2010-08/2010. *Outpatient Clinic, Pediatrics***: Licensed Practical Nurse: Prairie Pediatrics

Extracurricular Activities

* PTSA (Parent Teacher Student Association) Member- Van Arsdale Elementary
* Hiking, snow skiing, cooking, dancing and games with my family

Current Certifications

* Basic Life Support (BLS) for Healthcare Providers
* Registered Nurse License – State of Colorado
* OSHA/HIPAA certifications complete
* DEA Eligible

Presentations / Classes

* NURS 6243 Advanced Pathophysiology
* NURS 6009 Theory Foundations for Advanced Nursing
* NURS 6859 Advanced Professional Role
* NURS 6222 Advanced Pharmacology and Therapeutics
* NURS 6109 Evidence-Based Practice: Evaluating
* NURS 6761 Advanced Assessment
* NURS 6070 Policy & Politics of Health
* NURS 6640 FNP Health Promotion, Prevention, Screening
* NURS 6434 FNP Care of the Pediatric Patient
* NURS 6739 OB/Gyn Essentials for the FNP
* NURS 6286 Foundations of Healthcare Informatics
* NURS 5931 FNP Advanced Practicum I - 135 Hours
* NURS 6882 Foundational Clinical Skills for Advanced Practice Nurse Practitioners
* NURS 6549 FNP Advanced Clinical Skills, Diagnostic Reasoning, and Clinical Decision Making
* NURS 5932 FNP Advanced Practicum II - 135 Hours
* NURS 6528 FNP Diagnosis and Management of Physiologic and Psychiatric Health I
* NURS 5933 FNP Advanced Practicum III - 180 Hours
* NURS 6529 FNP Diagnosis and Management of Physiologic and Psychiatric Health II
* NURS 5934 FNP Advanced Practicum IV - 180 Hours
* NURS 6950 Synthesis, Integration and Transition into FNP Practice